

All sessions 9:00am-12:00pm

www.calmhcc.org

October 7, 2023 - Session 1 Basics & The Brain

0.5 CEUs, must attend both sessions

November 11, 2023 - Session 2 The School Family

January 6, 2024 - Session 3

Composure

0.5 CEUs, must attend both sessions

February 3, 2024 - Session 4 Assertiveness

0.25 CEUs

March 2, 2024 - Session 5 Encouragement

0.5 CEUs, must attend both sessions

April 6, 2024 - Session 6 Choices

May 4, 2024 - Session 7 **Empathy** 

0.25 CEUs

June 1, 2024 - Session 8 Positive Intent & Consequences

0.5 CEUs, must attend both sessions

August 10, 2024 - Session 9 Creating Calm, Compassionate School Climates

September 7, 2024 - Session 10 Overview

## Earn CEUs\* and Professional Development Hours \*CEU breakdown in red

Funded by The Children's Board of Hillsborough County In Partnership with ELM, HCC & QEES



