

It's A Marvelous Day

Sitting cross-legged, keep your spine straight
and allow your knees to gently roll.

As you relax your knees, sing:

It's a marvelous day, we all agree
Waving our arms so joyfully
Celebrating everything and everybody
A radiant flower shines inside me

With my eyes I see the beauty around us
With my ears I hear the wondrous sounds

It's so glorious to feel so wonderfully
(Wishing you well)
Sunshine, happy, butterfly free
(Wishing you well)

Celebrating everything and all we see
(Wishing you well)
Lighting up the world with all of me
(Wishing you well)

With my nose I breathe the clean, fresh air
(Wishing you well)
With my lips I smile without a care
(Wishing you well)

It's a marvelous day, we all agree
(Wishing you well)
Waving our arms so joyfully
(Wishing you well)
Celebrating everything and everybody
(Wishing you well)
A radiant flower shines inside me
(Wishing you well)

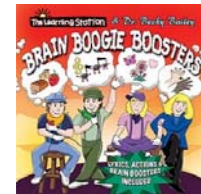
With my hands I touch the world around me
(Wishing you well)
With my heart I share all my love
(Wishing you well)

It's so glorious to feel so wonderfully
(Wishing you well)
Sunshine, happy, butterfly free
(Wishing you well)

Celebrating everything and all we see
(Wishing you well)
Lighting up the world with all of me
(Wishing you well)

With my arms I hug myself with glee
(Wishing you well)
With my mouth I sing my song like a dove
(Wishing you well)

It's a marvelous day, we all agree
(Wishing you well)
Waving our arms so joyfully
(Wishing you well)
Celebrating everything and everybody
(Wishing you well)
A radiant flower shines inside me
(Wishing you well) x4



CD: Brain Boogie
Boosters (Track 18)