



It Starts In The Heart

IT STARTS IN THE HEART

Lyrics: Dr. Becky Bailey & Jack Hartmann

It starts in the heart
Way down in the soul
It starts in the heart
Brick by brick and stone by stone
We all find a way to build a wall
And all we get is more alone
Can you see the stones have got to fall
We can let them stand, but then nobody wins
We can work together and find somewhere to begin

Chorus

It starts in the heart
Way down in the soul
That's the only place the seeds of love can grow
Then you realize that we're not that far apart
We can build a bridge - it starts in the heart
Way down in the soul

It starts in the heart
I look at you, you look at me
Can you see that I am on your side
Though we sometimes disagree
We can find a way to make it by
Though the road is long, and isn't always clear
I know there's some way to get there from here
We can get there

Repeat Chorus 2x



Songs

Movements



It Starts In The Heart

IT STARTS IN THE HEART

Lyrics: Dr. Becky Bailey & Jack Hartmann

It starts in the heart With hands in a fist, cross your arms over your chest and tap your heart area two times to the beat of the music

Way down in the soul Uncross your arms and open your hands. Push down your hands down toward the floor in a soft pumping motion two times to the beat of the music

It starts in the heart Repeat as in line 1

Brick by brick and stone by stone With hands in a fist tap one hand on top of the other alternating hands. As you tap, move your hands upward

We all find a way to build a wall Open your hands palm out and pretend to walk your hands up a pretend wall in front of you

And all we get is more alone Continue with mime version of making a wall

Can you see the stones have got to fall Let both hands fall slowly down to your side

We can let them stand but then nobody wins Raise your hands straight above your head. Drop your hands with your pointer finger of each hand moving side to side

We can work together and find somewhere to begin

Chorus

It starts in the heart With hands in a fist, cross your arms over your chest and tap your heart area two times to the beat of the music

Way down in the soul Uncross your arms and open your hands. Push down your hands down toward the floor in a soft pumping motion two times to the beat of the music

That's the only place the seeds of love can grow Turn your hands over, palms up and extend your arms

Then you realize that we are not that far apart With a partner, hold both hands in a high five position. Interlock fingers. Keep hands around shoulder height

We can build a bridge Raise your hands up high as to make a bridge

It starts in the heart Cross your arms over your chest as you did before

Way down in the soul Uncross your arms and open your hands. Push down your hands down toward the floor in a soft pumping motion two times to the beat of the music



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It starts in the heart Repeat as in line 1

I look at you and you look at me Turn and face a partner point both hands at each other and then back at yourself

Can you see that I am on your side Stand side to side touching each other though we sometimes disagree

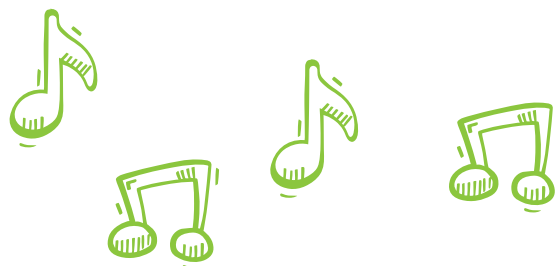
We can find a way to make it by Lock elbows and sing chorus

Though the road is long Hands together in prayer position, fingers aiming forward. Move the hands in a snake motion forward

And isn't always clear Place both hands, palms inward, in front of your face

I know there's some way Touch index fingers to sides of head (as if to use one's brain)

To get there from here Point fingers down to spot where you are standing



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