

Held in My Arms

Preparation and Instructions

This activity is both an interaction and a song. Sing the song to the tune of “Rock-a-Bye Baby.”

The Game

While holding your child in your arms, sing the following song:

Rock-a-bye baby
Held in my arms.
Having you near me, I see your charms.
When things seem scary, I'll hold you tight,
And whisper, “I love you” all through the night.

Variations

Make up different verses. Substitute your child's name for the word “baby.” Sometimes the song can be serious, and sometimes it can be silly. Have your child help you find rhyming words.

