



2025-2026 Saturday Session Calendar

All sessions 9:00am-12:00pm

Register online at

www.calmhcc.org/register

0.5 CEUs - Must attend both sessions October 4, 2025 - Session 1
Cultivating Inner Calm - The Foundation for Responsive Teaching

November 1, 2025 - Session 2
Connection Before Correction - Building the School Family

0.5 CEUs - Must attend both sessions January 10, 2026 - Session 3
Eyes That See Behaviors Differently - Reframing for Growth

February 7, 2026 - Session 4
Creating Safety Through Structure and Presence

0.25 CEUs March 7, 2026 - Session 5
Teaching Emotional Intelligence, Not Just Compliance

0.5 CEUs - Must attend both sessions April 25, 2026 - Session 6
The Power of Language - Words That Teach, Not Trigger

May 16, 2026 - Session 7
Repair and Restore - Navigating Conflict Mindfully

0.25 CEUs June 6, 2026 - Session 8
Intergrating It All - Creating A Culture of Compassionate Discipline

In person session (limited space) 6pm-8pm July 9, 2026 - Session 9
Conscious Discipline: A Whole-Brain, Whole-Heart Approach

0.25 CEUs August 1, 2026 - Session 10
Starting with Intention - Setting the Tone for a Calm, Connected Year

Earn CEUs* and Professional Development Hours

*CEU breakdown in red

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In Partnership with ELM, HCC & QES

